



>> Dr. Hrishikesh Pai being elected President of the Indian Association of Gynaecological Endoscopists. Also seen in the picture are Dr. Prashant Mangeshikar and Dr. Rakesh Sinha

Reaching to the masses, medically!

Rajiv Sharma ANDHERI

Well-known gynaecologist, Dr Hrishikesh Pai, who was recently elected as the president of the Indian Association of Gynaecological Endoscopists, has said that his aim is to pass on the benefits of this technique to the masses. Dr Pai is also the vice-president of the Mumbai Obstetrics and Gynaecological Society and the secretary general of the Indian Association of Assisted Reproduction.

"Traditional surgery has been in existence for a long period, and it is only in the last one decade that there have been advances in endoscopic surgery," said Dr Pai, who is also an infertility specialist at Lilavati Hospital. In this technique, the surgery is carried out with the help of small incisions or through the natural openings of the body. As a result, the recovery of the patient is faster after the operation and in fact most can even be discharged the same day.

"Again, since there are no major scars on the abdomen, this method is more preferred by the patients," he said.

Further, the laparoscopic and the hysteroscopy surgery is of great help to the infertile couples, who suffer from various problems that make them unable to have children. After taking over as president of this association, Dr Pai has even requested its members to do some procedures free of cost for the underprivileged patients. The consultant has also suggested that there should be greater interaction between the doctors and the patients, which will make them aware of the recent advances in this field.

"We will also encourage the development of robotic surgery, in which robots will be attached to the medical equipment, and will be doing the procedures," he said. The specialist has also been instrumental in the setting up of the hospital some time ago, which