

Chandigarh Newsline

The Indian EXPRESS

SKYWATCH

FORECAST: Partly cloudy with possibility of light rain or thundershowers.

TEMPERATURE: MAXIMUM 33 degrees MINIMUM 29.0 degrees
SUNRISE: 05:27 SUNSET: 19:00

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PARUL

fertile ground of hope for many wannabe par-
armed with latest technology, world-class treat-
ptions and doctors who are pioneers in the
Hospital Mohali opened the doors of the Fortis
itro Fertilization (IVF) Centre. Leading infers-
ans Dr Hrishikesh Pai, Dr Nandita Palshetkar
hma Pai are heading the centre, "we have so
nts from this region consulting us in Mumbai, so
of bringing the best available facility and tech-
nem here, having recently set up one in Delhi
Dr Rishma adds how they strive to be the best in
gularly travelling to various countries to keep in
the latest in technology and treatment facilities.
fertility rates, add the docs can be attributed to
ctors — bad lifestyle, diseases, late marriages,
blems, but new breakthroughs in IVF treat-
increased the success rate of conception to al-
cent. "My advice is to make the most of mod-
If after two years of trying for a baby there is no
yourself checked and have at least one child be-
r Nandita adds that new IVF treatments are less
s expensive, and not so much a physical and
in on women. Regular counselling is an integral
treatment, and there is constant upgradation in
We will introduce surrogacy, laser hatching, egg,
embryo donation and egg freezing for those
o postpone child bearing. "Fifty per cent of in-
the male factor and we're happy to see that men
en to treatment like sperm injections. The joy of
omeone have a baby is amazing and we love each
our job," adds Dr Rishma.

Baby Bliss

New technology
coupled with
medical
expertise makes
fertility facts
clearer

PHOTOS: KAMLESHWAR SINGH



Small Miracles

Mother, actor entrepreneur...Poonam Dhillon's loving her multi-faceted life

"MANY years back, I wanted to be a doctor and I am so with the profession, that I can call myself a half-baked in touch with the many advancements in medical sci-
ity treatments being one of them, as my sister Dr Rishi-
her team is doing such a marvellous and miraculous jo-
ing lives, which gives unbound happiness to many and
deavour I totally believe in," the beautiful Poonam Dhi-
rated the Fortis Bloom IVF Centre today. Coming to Ch-
says the actor is always special for there are so many m-
tached to the city she grew up and studied in, "we're p-
something unique with the people of the city, but I was
surprise." Associated with NGOs, reading scripts for the
films, working on a script...the actor is enjoying the li-
"my teenage children keep me engrossed and I believe
to give them a lot of time, so I am taking it easy on the
This, agrees Poonam is a great time for actors to do rol-
want to, with such a range at hand and multiplexes all
for creativity and experimentation. "It's certainly the b-
women actors and the line between art and mainstream
has really blurred, work's more challenging and absorb-
was in our time." Poonam is passionate about working
camera, but is not really upbeat about television, whic-
too demanding and strenuous. Going with their flow is
the actor, who introduced the industry to make-up van-
travelled and researched extensively to set up a success-
ness, "it was the need of the hour and I loved doing so-
unique," Poonam hopes to be soon on stage for a ser-